

SOHC Newsletter

April 2015

Through a unified voice, the Saskatchewan Oral Health Coalition works collaboratively with dedicated partners to improve the oral and overall health of Saskatchewan residents. As an inter-disciplinary group, we strive to identify and address the needs of vulnerable populations, and by using evidence based decision making, promote advocacy, education, prevention and standards.

Welcome to April – National Oral Health Month!

Canada's Tooth Fairy – Saskatchewan SMILE DRIVE – 2015

The SOHC would like to introduce you to a new and exciting initiative that we have partnered with Canada's Tooth Fairy to deliver- it is the first ever Saskatchewan **SMILE DRIVE**!

SMILE Drive is an event held throughout the month of April, National Oral Health Month. We encourage individuals and groups to collect toothbrushes and toothpaste for children in need of these supplies. There are thousands of families in Saskatchewan who cannot afford basic oral health supplies. All items collected in Regina and Saskatoon can be dropped off at the sites noted below. Donations will be delivered to local charities throughout the province. All of the donations will stay in Saskatchewan! If you would like a poster to hang in your workplace, please contact us at <u>sohcadmin@Saskohc.ca</u>

Saskatoon SMILE Drive Drop-Off Location SDHA Office – 3502 Taylor Street East, Saskatoon Drop off in the lobby – Monday – Friday 8:00 a.m. – 6:00 p.m.

Regina SMILE Drive Drop-Off Location Northgate Dental, Northgate Mall U75 – 489 Albert Street North, Regina Monday – Friday 8:00 a.m. – 4:00 p.m.

SAVE THE DATE!

Saskatchewan Oral Health Coalition Upcoming Meeting Dates

Monday, May 11, 2015 ~ Saskatoon McClure United Church Monday, October 26, 2015 ~ Regina

Visit us at www.saskohc.ca

SAVE THE DATE!

SOHP Annual Conference 2015

> September 10, 11 & 12 Regina SK

For more information: www.saskoralhealthconference.com

The 2015 World Health Organization Report on Sugar Intake for Adults and Children

The World Health Organization has released a report stating recommendations for the reduction intake of free sugars. The report defines and discusses free sugars vs. intrinsic sugars and the effect free sugars have on metabolism, overall health, weight gain and dental caries. You may find the full details of this report at

http://www.who.int/nutrition/publications/guidelines/sugars_intake/en/

Consider Becoming a Member of the Saskatchewan Oral Health Coalition!

Join the diverse membership of the Coalition to make a positive difference for the future of Saskatchewan residents! Join advocates throughout the province in improving the oral health of all Saskatchewan residents. Membership runs January through December Annually. Membership fees for 2015 are now due.

Organization Levels

- \$100 Business/For Profit Organization
- \$75 Non-Profit Organization
- \$25 Individual
- Free Student



REPORTS

Visit the SOHC Website saskohc.ca/resources SHR Dental Health Screening Report SK Dental Screening Inequalities in Oral Health

Help a Child Smile Brighter

Donate to the SMILE Drive campaign and encourage others to do so as well ©

Contact us:

Karen MacDonald Administrative Support Saskatchewan Oral Health Coalition

ATTENTION: Leslie Topola Oral Health Program Population and Public Health - Saskatoon Health Region 101 - 310 Idylwyld Drive North Saskatoon, SK S7K 0Z2 Email: sohcadmin@saskohc.ca

SOHC Leadership Team Members

- Susan Anholt
- Karen MacDonald (Admin Support)
- Jerod Orb (Treasurer)
- Candace Rediron
- Leslie Topola
- Sheri Townsend
- Kellie Watson (Chairperson)
- Megan Wells
- Dianne Whelan

If you are interested in becoming involved with the leadership team, please contact the SOHC Administrative Support. <u>sohcadmin@saskohc.ca</u>